

Volume 48, Issue 2
January 2010

THE PEAK REPORT



American Business Women's Association
Pikes Peak Chapter #6080
Colorado Springs, Colorado

Executive Board

President, Heather Kelly
Vice President, Leacia Brilliant
Secretary, Gail Fernandez
Treasurer, Patrice Christian

Standing Committees Chairmen

Fundraising, Michelle Egbert
History, Mary Ann Kiskadden
Hospitality, Phyllis Smith
Membership/Networking, Diane Pflazgraf
Newsletter, Christine Bucher
Professional Development, Heide Williams
Program, NormaJeanne Walker-Gray
Publicity, Jacalyn Lane

Special Committee Chairmen

Audit, Leacia Brilliant
Chapter Honors, Diane Pflazgraf &
Heather Bourland
Standing Rules, Michelle Egbert

ABWA Honors

Michelle Egbert
2008-2009 District VI Vice President
2007 Top Ten Business Women of ABWA

Leacia Brilliant
2009 Top Ten Business Women of ABWA

Patrice Christian
2009 Chapter Woman of the Year

Chapter Member Birthdays

Diane Pflazgraf, January 15
Kathleen Hobbs, January 25

ABWA Anniversaries

Michelle Egbert, 01/22/2003
Christine Bucher, 01/30/2003

ABWA Chapter Website

www.ABWA-PikesPeak.org

ABWA National Website
www.abwa.org

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From the Chapter President



Pikes Peak Chapter Members & Guests,

Welcome to a new year and a new decade! I hope everyone had an opportunity to enjoy the holiday season over the past month.

The new year brings with it a time of reflection. It is a great time to assess where you are and where you want to be at this time next year. For many people this can become a depressing experience where they identify things that are "wrong" with them. While it is important to be honest with ourselves about where our performance is not optimal, it can be even more important to recognize the good things about ourselves and what we are doing that is "right". That is why I am really excited about our January 19th meeting where Heather Bourland will be helping us take a look at our strengths and how we can apply our unique blend of strengths for greater success. If you have not yet had a chance to pick up a new copy of the book Strengths Finder 2.0 and take the test, please try to do that before the 19th. We all benefit if each of us starts the year from a place of strength.

As I look at the year ahead for our chapter, I see many opportunities to grow not only in numbers but in understanding and influence as well. I also see some challenges. Money and time are in short supply for many people, so we must consistently provide value. Our committees have responded by delivering top notch programs and award winning newsletters - not to mention all of the work that goes on behind the scenes. Our national organization has also provided our members with more value that extends outside our monthly meetings in the form of the Women's Instructional Network (WIN). It is a wonderful resource and tool that creates value and provides a safe internet-based environment for members to connect with their ABWA friends and enhance their professional development efforts.

Every member has an invested interest in this organization and each of us has something to offer. In most cases, what you get out of an organization is directly proportional to what you give. As you make your plans for 2010, please consider increasing your participation by joining a committee - it will enrich your experience, while you help create even more value for our chapter and community.

Sincerely,
Heather
Heather Kelly, MBA
President

Pikes Peak Chapter News

Minutes

Minutes of the December 15, 2009 Meeting Pikes Peak Chapter #6080 American Business Women's Association

The regular monthly meeting of the Pikes Peak Chapter-American Business Women's Association was called to order at 6:30 PM, December 15, 2009 at the Clarion Hotel, 314 West Bijou, Colorado Springs, Colorado. The President, Vice President and Treasurer were present. In attendance were 18 members and 4 guests.

The Minutes of the November 17, 2009 meeting were approved as printed in the December 2009 issue of The PEAK Report.

The December 15, 2009 Financial Report was not available. The Financial Report will be printed in the January 2010 issue of the chapter's newsletter.

A celebration was held to acknowledge the chapter's 48th Anniversary.

Member recognition:

- ABWA Membership Anniversary: Heather Q. Nelson (7 years)
- Affiliation of New Member: Willa Gallegos (sponsored by Jacalyn Lane)
- Perfect Attendance Awards: Heather Kelly (1 year), Patrice Christian (4 years), Mary Ann Kiskadden (6 years), Diane Pfalzgraf (21 years), Janette Roettjer (22 years) and Alice Adamscheck (48 years).

Executive Board Report:

- Patrice Christian has accepted the position of Treasurer.
- The contract for 2010 with the Clarion Hotel has been approved.
- The cost for dinner meetings will be \$16.00 for ABWA Members and \$18.00 for non-members.

The Audit Committee recommended the acceptance of the Mid-term Audit and Report. The recommendation was adopted.

Vocational Speaker: Danette Reitz, Patient Liaison, Life Care Center of Colorado Springs.

Guest Speaker: Heather Kelly presented "Achieving Prosperity Through Sustainability."

The meeting adjourned at 8:00 PM.

Diane Pfalzgraf, Secretary Pro Tem

Guests - December 15

The Pikes Peak Chapter welcomed the following guests at our meeting in December: Erica Froehner; Nancy Manley (Austin Hair #2); Barbara Parsons; and, Louise Walsh (Fingertip Shopping).

Welcome new member!

Willa Gallegos (sponsored by Jacalyn Lane) is an independent business owner with JuicePlus+. More information about Willa's business can be found at www.gallegosjuiceplus.com.

ABWA Mission

The mission of the American Business Women's Association is to bring together women of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

The 2008-2009 ABWA Seal in Recognition of Best Practices was awarded to the Pikes Peak Chapter by the National Association. The Seal, identifying the chapter as one that is committed to great meetings, successful members and best-in-class ABWA experience, was presented to the chapter during the 2009 National Leadership Conference. The chapter also received this award in 2007.



Pikes Peak Chapter News

January 19, 2010 Chapter Meeting

Date & Time: January 19, 2010
6:00 p.m. Registration & Networking
6:30 p.m. Dinner & Program

Location: The Clarion Hotel
314 West Bijou

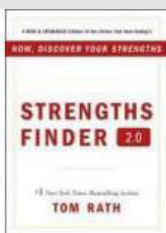
Cost: Includes dinner and program
\$16.00 Members/\$18.00 Guests
Note the price increase!

Menu: Baked Fish with Rice Pilaf

Vocational Speaker: Gail Fernandez

Program: "Discover Your Strengths"
Heather Bourland

Learn how to discover your strengths and find ways to capitalize on them in your personal and professional life. You will also learn how your strengths provide insight into your leadership style.



The evening will also include the announcement of the 2010 Chapter Woman of the Year and the 2010 Chapter Businesswoman of the Year / 2011 Top Ten Candidate!

RSVP: To advise of guests or to cancel your January 19 reservation, please contact Diane Pfalzgraf at (719) 591-2404 or via email at diane@pcisys.net. You can also use the "Contact the Chapter" link on our website: www.ABWA-PikesPeak.org. Unless other arrangements have been confirmed, all Pikes Peak Chapter members are on the Standing Reservation List and the cost of the dinner will be billed to members not canceling their reservation by noon, Thursday, January 14.

RSVP for Guests: To meet hotel dinner reservation deadlines, pre-paid guest reservations are REQUIRED no later than noon, Thursday, January 14. Guests cannot be accommodated at the door.

Remember, members and guests can now pay their reservations through our website!

ABWA Orientation Series

Do you have questions about ABWA and your role within the organization? If so, the answers are on the way! Starting in January 2010, we will be holding orientation sessions about ABWA, Chapter Guidelines, the Pikes Peak Chapter, and the Women's Instructional Network (WIN).

We will meet the *fourth Tuesday of every month* from 6:30 p.m. to 7:30 p.m. at the Panera Bread located on North Academy. All are welcome to purchase some of Panera's wonderful creations and join us for an informal dinner beginning at 6:00 p.m. in the meeting room.

Schedule of Meetings

January 26: Introduction to the American Business Women's Association

February 23: ABWA Chapter Guidelines

March 23: All about the Pike's Peak Chapter of ABWA

April 27: Using the Women's Instructional Network (WIN)

If you have any questions or would like more information about the series, please contact Heather Kelly at HeatherKelly@SustainableTransformations.com or (719) 358-8986.

2009 Service Project - Thank you!

Our voluntary service project for 2009 benefited Ecumenical Social Ministries (ESM) which has been serving low-income families and individuals and the homeless for the past twenty-six years.

"On behalf of the staff, volunteers and our clients, ESM would like to say thank you to everyone who gave non-perishable food items, toiletries, clothing, gift cards and monetary donations. These items will be used to help the many people who come through our doors every day. We could not do it without the generous and on-going support of the entire Colorado Springs community!"

Pikes Peak Chapter News

December 15, 2009 Financial Report

GENERAL FUND			
Balance November 17, 2009:	\$697.56		
		<u>CREDITS</u>	<u>DEBITS</u>
Dinners		\$474.56	465.24
Dues		\$0.00	0.00
Executive Board		\$0.00	0.00
Fundraising		\$0.00	0.00
Membership/Networking		\$0.00	0.00
Program		\$0.00	0.00
Awards Committee		\$0.00	0.00
Transfer of Funds		\$0.00	0.00
 Total Receipts/Disbursements		 \$474.56	 465.24
 GENERAL FUND BALANCE			 \$706.88
PROFESSIONAL DEVELOPMENT FUND			
Balance November 17, 2009:	\$211.54		
		<u>CREDITS</u>	<u>DEBITS</u>
Fall Conference		\$0.00	0.00
Spring Conference		\$0.00	0.00
Professional Development		\$0.00	0.00
PAID Committed = \$248.95		\$0.00	0.00
National Campaign		\$0.00	0.00
SBMEF		\$0.00	0.00
Transfer of Funds		\$0.00	0.00
 Total Receipts/Disbursements		 \$0.00	 0.00
 PROFESSIONAL DEVELOPMENT FUND BALANCE			 \$211.54
CHECK REGISTER ACCOUNT BALANCE -December 15, 2009			\$918.42
WELLS FARGO ACCOUNT BALANCE			\$965.24
OUTSTANDING TRANSACTIONS			\$46.82
Ck #2063 M Egbert		\$20.00	
Ck #2071 H Williams		\$13.41	
Ck #2074 P Christian		\$13.41	
DIFFERENCE			(\$0.00)
 CASH ACCOUNT BALANCE			 \$25.00
RAFFLE ACCOUNT			
Balance November 17, 2009:	\$126.43		
		<u>CREDITS</u>	<u>DEBITS</u>
50/50 Proceeds		\$49.00	\$0.00
Ck #132 Louise Walsh, Winner			\$24.50
Ck #134 Sec'y of State, License Renewal			\$100.00
 Total Receipts/Disbursements		 \$49.00	 124.50
 RAFFLE ACCOUNT BALANCE			 \$50.93
 TOTAL BALANCE ON HAND December 15, 2009			 \$994.35
Patrice Christian, Treasurer			

Information you can use!

MEET THE MEMBERS ~ CAROLYN BETTS



A life-long learner with determination, Carolyn returned to school after 50 years of age to pursue her Master's Degree. She now holds a MA in Psychology with an Academic Certificate in Life Transitions Coaching from Regis University. In 2008 she received a scholarship and training in Mediation from the Colorado State Bar Association.

Over the past years, while raising a family and pursuing professional interests, Carolyn has established herself as a published author, professional speaker and Life Transitions Specialist.

As an author, Carolyn's work has been published by major publishers. Her latest book "A Special Kind of Normal: A Mother's Journey Through Autism to Destiny" was written for parents, professionals and para-professionals who work with, or advocate for, children.

Carolyn's career as a professional speaker spans over the past 25 years. She conducts seminars on Life Transitions to help people who are faced with major challenges in their lives. Prior to becoming active as a speaker, she worked in politics for 12 years. She served on the Arizona Governor's Council on Developmental Disabilities, as well as the Council on Family, Youth and Children. President Ronald Reagan included Carolyn's work in his library while she served as an advocate for people with disabilities.

Being an advocate of people with physical challenges, in 1980 Carolyn coordinated a bicycle trek across America with a group of challenged and able-bodied people. She rode tandem bicycles with her partner who was visually impaired.

On September 18, 2000, Carolyn joined ABWA and the Pikes Peak Chapter. She has served on the chapter's executive board and many committees, was recipient of an ABWA Grant, and was honored as a Pikes Peak Chapter Woman of the Year.

Carolyn fosters and lives by the mantra, "When you walk with purpose, you will collide with your destiny." More about Carolyn, her book, and her seminars at <http://carolynbetts.com>



In this 1991 newspaper clipping, actor Peter Coyote and actress Carolyn Betts are photographed while they were taking a break during the filming of the movie "A Seduction in Travis County."

Note from the Treasurer

Chapter dues of \$24.00 were payable in December and are required no later than January 31, 2010. If you have not already paid, you can take care of this at the January meeting! You can also mail a check to 5691 Sonnet Hts, Colorado Springs, CO, 80918, allowing for mailing time.

Dinner Cost

Just a reminder that the monthly dinner/program is \$16 for ABWA members and \$18 for non-members. For convenience, members and guests may securely register on-line through the chapter's web site. Please remind your guests that their pre-paid reservations (either on-line or by surface mail) must be received no later than January 14.



American Business Women's Association
 Pikes Peak Chapter #6080
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Mailing Label



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ABWA's Proud Code of Conduct

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.

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